



## CERTIFICATE

**The most full contact knee strikes  
in three minutes (one leg) is 175,  
achieved by B.Sai Deepak Patel  
(India) in Telangana, India, on 24  
December 2017.**

**OFFICIALLY AMAZING™**



© Guinness World Records Limited 2017. All rights reserved. Guinness World Records is a registered trademark of Guinness World Records Limited. All other trademarks are the property of their respective owners.