NATIONAL SERVICE SCHEME

CMR TECHNICAL CAMPUS

NATIONAL INTEGRATION CAMP (NIC) – 2025

SUBMITTED BY

MOPIDEVI SAAHUL

PROGRAMME OFFICER

CMR TECHNICAL CAMPUS

Name of the Camp : National Integration Camp (NIC) – 2025
Level : National Level
Organized By : National Service Scheme (NSS)
Venue : Shree Sadgurudham, Barumal, Dharampur, Valsad, Gujarat
Dates of the Camp : 27-06-2025 to 03-07-2025
Number of Volunteers Participated : 1
Names of Selected Volunteers : Ch. Sai Krishna
Overview of the Camp :

The National Integration Camp (NIC) is a flagship programme under the National Service Scheme that promotes youth development, cultural exchange, and national unity. By bringing together NSS volunteers from various states and backgrounds, the camp fosters fraternity, patriotism, and the true spirit of "Unity in Diversity".

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The NIC 2025 was conducted at Shree Sadgurudham, Barumal, Dharampur, Valsad, Gujarat, from 27th June to 3rd July 2025. The week-long immersive camp united volunteers from across India, providing a platform to celebrate cultural heritage, exchange regional perspectives, and collaborate on social awareness initiatives aligned with NSS principles.

The camp included yoga sessions, academic lectures, workshops, community visits, literary competitions, fine arts activities, and vibrant cultural programmes. Expert-led sessions on environmental sustainability, cyber security, self-defense, and personal development enriched participants' knowledge and civic responsibility.

Educational and spiritual visits helped volunteers understand local traditions, rural life, and the importance of service in tribal areas. State-based cultural performances showcased traditional dances, art forms, and attire, promoting mutual respect and appreciation of India's diversity.

The NIC Camp was not just an event—it was a celebration of unity, youth empowerment, and national solidarity.

Day 1 – 27th June 2025

The National Integration Camp began on 27th June 2025 with great enthusiasm and active participation from volunteers representing various states. The day commenced with a refreshing Yoga session.

The camp proceedings started with a workshop conducted by Shri Dipesh Shah on Career Management. It was an interactive session where volunteers from different states engaged in activities that encouraged cross-cultural interaction, team building, and effective communication.

The session created a lively and inclusive atmosphere, setting a positive tone for the rest of the camp. This was followed by lunch and a session by Shri Amit Mehta from MAA Foundation.

Various literary activities, including Poetry Recitation, Essay Writing, and a Quiz Competition, were organized to promote creativity, critical thinking, and healthy intellectual competition among the volunteers. Through these activities, participants communicated effectively, expressed their opinions, and articulated ideas on various social issues.

The day concluded with a vibrant Cultural Program presented by students from Kadi Sarva Vishwavidyalaya, Gujarat University, and Parul University, showcasing the diverse cultures and rich artistic traditions of Gujarat. The performances featured energetic displays of Garba and Dandiya Raas, two of the most iconic folk dance forms of the state. Dressed in colorful traditional attire, the students performed rhythmic and coordinated movements to traditional Gujarati music, creating a lively and joyous atmosphere. The dynamic footwork and graceful formations captivated the audience throughout the performance. Beyond entertainment, the cultural event highlighted Gujarat's deep-rooted heritage and celebrated the spirit of unity in diversity, as students from different universities and regions came together to honor their shared culture through dance, music, and camaraderie.

The day concluded with dinner, followed by a Program Officers' (PO) meeting to review the day's activities and plan for the upcoming sessions.

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NATIONAL INTEGRATION CAMP
27/06/2025 to 03/07/2025
Shree Sadgurudham, Barumal, Dharampur
Veer Narmad South Gujarat University, Surat

Day 2 – 28th June 2025

The second day of the NIC, held on 28th June 2025, began with a Yoga session promoting physical fitness and mental well-being.

An Elocution Competition on the theme "My Bharat 2047" provided participants with an opportunity to share their vision and ideas for the future of the nation. This was followed by the Inaugural Ceremony, which marked the official commencement of the camp's daily sessions. Volunteers from across the country gathered in a display of national unity and cultural pride. Dressed in their traditional state attire, they proudly represented their regional identities, creating a vibrant and welcoming atmosphere.

The ceremony included formal addresses by dignitaries, a warm welcome to all participants, and a declaration of the camp's objectives and expectations. Following the inauguration, Shri Kamal Kumar, Regional Director, Ahmedabad, addressed the volunteers on the importance of national service and youth engagement. An interactive session organized by Skill India followed, during which volunteers enthusiastically participated in creative activities such as street plays, advertisement creation, and dance performances, showcasing their talents and teamwork.
In the evening, a vibrant Cultural Program was presented by the contingents from Madhya Pradesh, Maharashtra, and Karnataka, offering a spectacular display of the rich heritage, traditions, and artistic talents of their respective states.

The team from Madhya Pradesh captivated the audience with performances of Matki Dance and Jawara, traditional folk dances reflecting the agrarian culture and festive spirit of the state. Volunteers from Maharashtra showcased the energetic and rhythmic Lavani, known for its expressive storytelling and powerful footwork, performed to the beats of traditional dholki drums. Meanwhile, the team from Karnataka presented a graceful and colorful dance performance in vibrant costumes, symbolizing devotion and valour.

The cultural evening was both entertaining and educational, enabling volunteers to appreciate the unique artistic identity of each state. The performances truly reflected the spirit of national integration by celebrating unity in diversity. The day concluded with dinner, followed by a brief Program Officers' (PO) meeting to review the day's events and plan for the upcoming sessions.

Department of Higher Education
Government of Gujarat
Ministry of Youth Affairs & Sports
Government of India
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Day 3 – 29th June 2025

Day Three of the National Integration Camp, held on 29th June 2025, was a blend of cultural exploration, spiritual reflection, and social awareness. Volunteers continued to demonstrate active participation and enthusiasm throughout the day's diverse activities.

As part of the schedule, volunteers visited several places of cultural, educational, and spiritual significance. These included Wilson Hill, Shri Swaminarayan Vidyapeeth, the Science Explorium, the Lady Wilson Museum, Shreemad Rajchandra Ashram, and the Shri Swaminarayan Temple. During these visits, volunteers gained insights into local traditions, interacted with communities, reflected on spiritual values, and connected with the natural environment. These experiences deepened their understanding of the region's heritage and strengthened their appreciation for diversity, knowledge, and holistic well-being.

In the evening, a lively and colorful Cultural Program was presented by students from Junagadh Agricultural University, Sankalchand Patel University, Hemchandracharya North Gujarat University (HNGU), Veer Narmad South Gujarat University (VNSGU), and various institutions from Surat. The performances beautifully represented the diverse folk traditions and regional identities of Gujarat, leaving the audience both entertained and inspired.

The students showcased popular Gujarati folk dances such as Garba and Dandiya Raas, performed in traditional attire with coordinated circular movements and rhythmic clapping. Rooted in devotion and celebration, these dances brought festive energy to the stage. Folk songs and musical performances reflecting the rural life and cultural richness of the Saurashtra, North Gujarat, and South Gujarat regions further enriched the program.

The entire event served as a cultural journey through the heart of Gujarat, allowing volunteers from across India to experience the vibrant spirit and unity of the host state. The evening concluded with dinner, followed by a brief Program Officers' (PO) meeting to review the day's activities and prepare for the next day.

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Day 4 – 30th June 2025

The fourth day of the NIC Camp, held on 30th June 2025, began with a Yoga session promoting physical fitness and mental well-being.

The day's academic activities commenced with an informative session by Mr. Chintan Pathak on Cyber Security. The session covered important aspects of digital safety and responsible online behaviour, raising awareness among volunteers about emerging cyber threats and the importance of safeguarding personal and social information in the digital age.

Following this, a Drama and Theatre Art Workshop was conducted, during which volunteers were introduced to the basics of Garba, a traditional dance form of Gujarat. The session was energetic and interactive, allowing participants to experience the cultural essence of the host state. This was followed by a multi-state cultural exchange activity, where volunteers from different regions showcased their traditional dance forms and cultural elements. The workshop created a lively atmosphere of unity in diversity, fostering mutual respect, learning, and appreciation of India's rich cultural heritage.

Later in the day, a vibrant Cultural Program was presented by the teams from Telangana, Odisha, Noble University, and Kamdhenu University, where participants showcased their talents through various performances representing the cultural heritage of their respective regions.

The team from Telangana performed the energetic and devotional Bonalu dance, a traditional folk performance offered in reverence to Goddess Mahankali. Dressed in colorful traditional attire and carrying decorated pots on their heads, the performers captivated the audience with their rhythmic movements and expressive gestures. They also presented folk songs and the melodious Bathukamma song, celebrating the floral festival that symbolizes the spirit and strength of women in Telangana.

Meanwhile, the team from Odisha showcased the grace of their region through traditional folk music and dance sequences, reflecting the cultural richness of eastern India. The teams from Noble University and Kamdhenu University contributed with unique regional performances and traditional dance forms that highlighted the diverse artistic expressions of Gujarat.

The evening served as a beautiful confluence of cultures, exemplifying the spirit of unity in diversity that defines the nation. The day concluded with dinner, followed by a brief Program Officers' (PO) meeting to review the activities and plan for the next day.

Day 5 – 1st July 2025

The fifth day of the NIC, held on 1st July 2025, was both creatively engaging and educational, offering volunteers a blend of fine arts, self-development, and social awareness activities.

The day began with a Yoga session. The first half featured a Fine Arts segment, during which volunteers participated in Warli Painting, Self-Defence training, Singing, Hairstyle Making, and Mono Acting. These activities enabled participants to explore their creative talents, enhance their confidence, and develop practical skills through self-expression.

After lunch, a motivational session was delivered by Krimil Hariya, an NSS State Awardee. He inspired the volunteers by sharing his journey and meaningful experiences related to commitment, service, and leadership.

Later in the afternoon, a session on Environment and Sustainability was conducted by Dr. Alay Desai, an International Management Guru. The session emphasized environmental responsibility, sustainable living practices, and the role of youth in promoting ecological balance.

In the evening, a Cultural Program was presented by the teams from Pondicherry, Rajasthan, and Sikkim, showcasing the vibrant traditions and artistic talents of their respective regions.

The team from Pondicherry performed folk dances reflecting the region's unique blend of Tamil and French cultural influences. The Rajasthan team energized the audience with traditional folk dances such as Ghoomar, known for its graceful spins and colorful attire. The Sikkim team presented rhythmic group dances inspired by local customs and Himalayan traditions, highlighting the serene and festive spirit of the Northeast.

The performances beautifully reflected the diversity and unity among the participants and were thoroughly enjoyed by all. The day concluded with dinner, followed by a brief Program Officers' (PO) meeting to reflect on the day's events and prepare for the next day.

Day 6 – 2nd July 2025

The sixth day of the NIC, held on 2nd July 2025, focused on creative expression and meaningful group discussions, making it a day of thoughtful engagement and collaborative spirit.

The day began with a Yoga session, followed by morning refreshments. The first set of activities included Slogan Writing, Card Making, and Poster Making, which enabled volunteers to creatively convey powerful messages on prevailing social and environmental issues through their artwork. This was followed by a workshop conducted by Manishaben Panwala.

After lunch, a Group Discussion session was organized, providing a platform for volunteers to share their perspectives, exchange ideas, and reflect on the key takeaways from the camp experience. In the second half of the day, participants enthusiastically took part in Diya Decoration and One-Minute Activities. These activities served as creative outlets and promoted team bonding, spontaneity, and interactive learning among the volunteers. They also encouraged light-hearted competition while allowing participants to showcase their artistic talents.The day also featured a Feedback Session, during which both volunteers and Program Officers shared their reflections on the camp's progress, discussed their learnings, and offered constructive suggestions for future improvements.

In the evening, volunteers prepared for the Cultural Program, which was held after dinner. The teams from West Bengal, Uttarakhand, and Himachal Pradesh presented captivating performances showcasing traditional dances, folk songs, and regional art forms unique to their states.The West Bengal team enthralled the audience with soulful folk songs and elegant dance performances deeply rooted in Bengali tradition. Their presentation beautifully conveyed the poetic and artistic heritage of the region, blending music and movement in a graceful celebration of Bengal's cultural identity.

The Uttarakhand team brought the spirit of the majestic Himalayas to life through lively performances. Dressed in colorful traditional attire, the performers displayed rhythmic footwork and expressive storytelling that reflected the festivals, daily life, and natural beauty of the hill state. The team from Himachal Pradesh showcased vibrant folk dances representing the joyous expressions of rural communities, encapsulating the celebratory essence and age-old customs of the region.

The day concluded with a brief Program Officers' (PO) meeting to review the day's activities and set the agenda for the final phase of the camp.

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Day 7 – 3rd July 2025

The final day of the NIC Camp, held on 3rd July 2025, was marked by gratitude and heartfelt farewells.

The day began with a refreshing Yoga session, followed by morning refreshments. The highlight of the day was the Closing Ceremony, where volunteers, Program Officers, and organizers gathered to celebrate the successful completion of the camp.

During the ceremony, participants enthusiastically shared their experiences, key learnings, and memorable moments from the week-long programme. The Program Officers took the opportunity to acknowledge and appreciate the dedication, enthusiasm, and sincere efforts demonstrated by all the volunteers, emphasizing the positive impact of their collective participation.

Following the ceremony, everyone assembled for a final lunch, after which warm goodbyes were exchanged during the see-off. Volunteers departed with cherished memories, valuable learnings, strengthened friendships, and a renewed commitment to the spirit of national integration and service.

Signature of Program Officer **Signature of Head**