

### EVENT REPORT ON SCHOOL VISIT BY CSE DEPARTMENT

**Date of the Event : 23-08-2025**

**Venue : Kompally**

**Organizer : NSS CMRTC**

**Program Officer : M. SAAHUL**

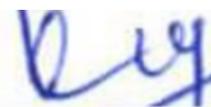
**Number of Participants : 400+**

**Description of the Event :** On 23-08-2025, the NSS Unit of CMRTC organized a Wellness Awareness Session at a school in Kompally. The initiative aimed to promote healthy living and preventive healthcare practices among students. Volunteers shared simple Ayurvedic health tips, highlighting the benefits of natural remedies and balanced lifestyles. The session emphasized the importance of immunity, hygiene, and mindful habits for long-term well-being. Students actively participated by interacting and asking questions with enthusiasm. The program encouraged the adoption of healthy practices from a young age.

The initiative aligns with SDG 3 and SDG 4.



Signature of Program Officer



Signature of Head