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EVENT REPORT ON INTERNATIONAL YOGA DAY CELEBRATIONS AT KOMPALLY SCHOOL

Date of the Event : 21-06-2025

Venue : Kompally

Program Officer : M. SAAHUL

Number of Participants : 6

Description of the Event : On 21-06-2025, on the occasion of International Yoga Day, the NSS volunteers of the CSE Department organized a yoga session at Kompally Government School. The initiative aimed to promote physical fitness and mental well-being among students. Volunteers guided participants through various yoga postures and breathing exercises with proper demonstrations. The session emphasized the importance of maintaining a balanced and healthy lifestyle through regular practice. Students actively participated and showed enthusiasm throughout the program. The event created awareness about the holistic benefits of yoga.

The initiative aligns with SDG 3 and SDG 4.

Signature of Program Officer

Signature of Head